

April 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
10:00am The Mountain Man
11:00am Monthly Activity Meeting w/ Celebrations Team
1:00pm Poker
1:30pm Dining Room Flower Arranging
2:00pm Outing: 2nd & Charles Books & Gift Store

2
9:30am Open Swim
10:00am Exercise- Chair Yoga w/ Davida
11:00am Blue Zones Movie Showing
1:00pm Outing: King Soopers
1:30pm Parkinson's Punch Boxing Class
1:30pm Science w/ Trina-Geology Rocks pt. II
2:30pm Parkinson's Support Group
7:00pm Movie:

3
9:30am Activities Office Hour
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
10:30am Morning Mingle w/ Coffee & Pastries
10:45am Personal Trainer (Group)
11:30am Lunch Outing: Dillon's Dumpling House
11:45am Personal Training w/ Steve Atwater (Individual)
1:00pm Dan Hudak Presents: The Films of Barbara Streisand
1:00pm Poker
1:00pm Seamstress
1:30pm The Kindness Empire
2:30pm Grief Support Group w/ Bloom Health
7:00pm Pray the Rosary

4
9:30am Technology Help (Must Sign-Up)
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bible Study
1:00pm Acrylic Painting Class w/ Deborah
1:00pm Cards and Games
2:00pm Bring your Baby Photo to Brittany!
7:00pm TV Series: Bridgerton

5
10:00am Blanketeers: Knitting and Crocheting for Charity
11:00am Daily Chronicle (History of the Day) w/ Brittany
11:00am Spring Pop-Up Shopping
1:00pm Learn to Play Rummikub
1:30pm Armchair Travel w/ Brittany- Italy
4:00pm Catholic Mass
7:00pm Movie:

6
10:00am Inter-Denominational Church
1:00pm Pinochle
1:30pm Wii Bowling
4:00pm Hymn Sing
7:00pm Movie:

7
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bean Bag Baseball
11:30am Jewelry Sale & Repair
1:00pm Cards and Games
1:30pm St. Andrew's Singers
6:00pm March Madness Championship

8
9:30am Outing: Walmart
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
11:00am Tattoo Tuesday
11:00am Writing Group w/ Carol Caverly Hart
1:00pm Bingo
1:00pm Poker

9
9:30am Open Swim
10:00am Watch Repair w/ Chuck
10:30am Resident Council
1:00pm Outing: King Soopers
1:30pm Parkinson's Punch Boxing Class
2:30pm Bean Auction
5:00pm Family Style Pizza Night

10
9:30am Activities Office Hour
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
10:30am Get to Know Your Neighbors- 2nd Floor
10:45am Personal Trainer (Group)

11
9:30am Technology Help (Must Sign-Up)
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bible Study
1:00pm Cards and Games
2:00pm Betsy Schwarm: Viennese Visions - Mozart and Much More

12
10:00am Blanketeers: Knitting and Crocheting for Charity
11:00am Daily Chronicle (History of the Day) w/ Brittany
11:00am Donation Drop Off
1:00pm Learn to Play Rummikub
1:30pm Current Events w/ Gerad Smith: Czechia

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Saturday

Final

3:00pm Colorado Rockies Baseball History Presentation w/ Scott

7:00pm Movie:

11:45am Personal Training w/ Steve Atwater (Individual)
1:00pm Outing- Stanley Marketplace
1:00pm Poker
4:15pm Jerry's Dinner Theater
7:00pm Pray the Rosary

4:00pm Happy Hour with Denver Jazz Duo
7:00pm TV Series: Bridgerton

4:00pm Catholic Mass
7:00pm Movie:

13
10:00am Inter-Denominational Church
1:00pm Pinochle
1:30pm Wii Bowling
3:00pm Live Piano w/ Wine & Cheese
4:00pm Hymn Sing
7:00pm Movie:

14
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bean Bag Baseball
1:00pm Cards and Games
1:30pm St. Andrew's Singers
3:00pm Active Minds Presents: The Discovery of the South Pole

15
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dwayne
1:00pm Poker
1:30pm Dining Room Flower Arranging
2:00pm Burn Your Grief Party
3:00pm Outing: Dollar Tree

16
9:30am Open Swim
10:00am Exercise- Zumba Gold w/ Davida
11:00am Brain Games
1:00pm Outing: King Soopers
1:30pm Parkinson's Punch Boxing Class
5:00pm Chef's Table
7:00pm Movie:

17
9:30am Activities Office Hour
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dwayne
10:00am Mount Olive Church Bible Study
10:00am Outing: Denver Museum of Nature & Science w/ Lunch (Round #2)
10:30am Get to Know Your Neighbors- 1st Floor
10:45am Personal Trainer (Group)
11:45am Personal Training w/ Steve Atwater (Individual)
1:00pm Poker
1:00pm Seamstress
1:30pm The Kindness Empire
4:00pm Cocktail Hour!
7:00pm Pray the Rosary

18
9:30am Technology Help (Must Sign-Up)
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bible Study
1:00pm Baby Guessing Photo Contest!
1:00pm Cards and Games
2:00pm Book Review:
7:00pm TV Series: Bridgerton

19
10:00am Blanketeers: Knitting and Crocheting for Charity
11:00am Daily Chronicle (History of the Day) w/ Brittany
1:00pm Bingo
1:00pm Learn to Play Rummikub
1:00pm Monthly Rosie's Diner Lunch
4:00pm Easter Vigil Mass
7:00pm Movie:

20
10:00am Inter-Denominational Church
11:30am Easter Brunch

21
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd

22
9:45am Personal Training w/ Steve Atwater (Individual)

23
9:30am Open Swim
11:00am Brain Games
1:00pm Outing: King Soopers

24
9:30am Activities Office Hour
9:45am Personal Training w/ Steve

25
9:30am Technology Help (Must Sign-Up)
9:30am Water Aerobics

26
10:00am Blanketeers: Knitting and Crocheting for Charity

April 2025

Sunday

12:30pm St. Stephen's Episcopal Church Worship
1:00pm Pinochle
1:30pm Wii Bowling
4:00pm Hymn Sing
7:00pm Movie:

Monday

11:00am Bean Bag Baseball
1:00pm Cards and Games
1:30pm St. Andrew's Singers
3:00pm Resident Spring Piano Recital

Tuesday

10:00am Live 2 B Healthy Exercise w/ Dewayne
11:00am Gardening Meeting- Plan our Community Garden w/ Meghan
12:00pm Earth Day Picnic
1:00pm Poker
2:00pm Outing- Assistance League of Denver Thrift Store

Wednesday

1:30pm Parkinson's Punch Boxing Class
2:00pm Scamming for Seniors Presentation w/ Rob
6:30pm Post-Dinner Music w/ Jonathon Shril
7:00pm Movie:

Thursday

Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
10:30am Get to Know Your Neighbors- G Floor
10:45am Personal Trainer (Group)
11:30am Couture Chez Vous Boutique
11:45am Personal Training w/ Steve Atwater (Individual)
1:00pm Outing- Colorado State Capital Tour
1:00pm Poker
6:30pm Jukebox Journey Sing A Long
7:00pm Pray the Rosary

Friday

10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bible Study
1:00pm Cards and Games
4:00pm Happy Hour with MicroGrass
7:00pm TV Series: Bridgerton

Saturday

11:00am Daily Chronicle (History of the Day) w/ Brittany
1:00pm Learn to Play Rummikub
4:00pm Catholic Mass
7:00pm Movie:

27
10:00am Inter-Denominational Church
1:00pm Pinochle
1:30pm Wii Bowling
4:00pm Hymn Sing
7:00pm Movie:

28
9:30am Water Aerobics
10:00am Live 2 B Healthy Exercise w/ Boyd
11:00am Bean Bag Baseball
1:00pm Cards and Games
1:30pm St. Andrew's Singers
3:00pm Active Minds Presents: Nuclear Power

29
9:45am Personal Training w/ Steve Atwater (Individual)
10:00am Live 2 B Healthy Exercise w/ Dewayne
11:00am Food Committee
1:00pm Bingo
1:00pm Ear Clinic
1:00pm Poker
1:30pm Dining Room Flower Arranging
3:30pm New Resident Meet & Greet

30
9:30am Open Swim
11:00am Brain Games
11:00am Coffee Tasting from Around the World- Costa Rica
1:00pm Outing: King Soopers
1:30pm Parkinson's Punch Boxing Class
7:00pm Movie: