

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 Inter-Denominational Church Service (CR) 11:00 Sunday Walking Group w/ Meghan (Lobby) 1:00 Pinochle (FFGR) 1:30 Wii Bowling! (AR) 4:00 Hymn Sing (Community Room) 7:00 Documentary: Victory at Sea	31 LOCATION KEY FFGR - 5th Floor Game Room AR - AL Activity Room ALCY - AL Courtyard FC - Fitness Center IA - IL Apartments	B - IL Bistro CR - IL Community Room ILPA - IL Patio TR - IL Theater Room LH - Link Hallway		Please Note *Any event shown in bold on the calendar requires advance sign-up due to limited space. To reserve your spot, kindly stop by the concierge desk before the event date.*	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Brain Games with Brittany (Community Room) 11:00 Tech Concierge (Apartments) 11:30 Bible Study (Community Room) 1:00 Acrylic Painting w/ Deborah - Sip, Paint & Rock On (ILPA) 1:00 Cards & Games (FFGR) 6:30 Concert in the Courtyard: Leonard Barrett (ILPA) 7:00 TV Series: The Crown (Theater Room)	10:00 Blanketeers: Knitting & Crocheting for Chairity (Library) 11:00 Daily Chronicles (Weekly History) (Theater Room) 12:00 Learn to Play Rummikub (FFGR) 4:00 Catholic Mass (Community Room)
10:00 Inter-Denominational Church Service (CR) 11:00 Sunday Walking Group w/ Meghan (Lobby) 1:00 Pinochle (FFGR) 1:30 Wii Bowling (AR) 4:00 Hymn Sing (Community Room) 7:00 Documentary: Victory at Sea	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Bean Bag Baseball (Community Room) 11:30 Jewelry Sale & Repair (Lobby) 1:00 Cards & Games (FFGR) 1:30 St. Andrew's Singers (Community Room) 7:00 Monday Movie Night (Theater Room)	9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 10:00 The Mountain Man (Lobby) 11:00 Monthly Activity Meeting w/ Celebrations Team (Theater Room) 1:30 Monthly Dining Room Flower Arranging (Bistro) 2:30 Fibromyalgia Support Group (FFGR) 3:00 Outing: Home Depot Garden Center (Lobby) 7:00 Evening Bible Study (AR)	9:30 Open Swim (Pool) 10:00 Chair Yoga w/ Davida (Community Room) 1:00 Outing: King Soopers (Lobby) 1:30 Parkinson's Punch Boxing Class (Retail Space) 1:30 Science w/ Trina (Theater Room) 2:30 Aurora Public Library Bookmobile (Lobby) 7:00 Wednesday Movie Night (Theater Room)	10:00 Group Exercise w/ Dewayne (Community Room) 10:30 Morning Mingle w/ Coffee & Pastries (Theater Room) 10:45 Personal Training w/ Steve Atwater (Group) (FC) 11:00 Outing: Pioneer Hills Shopping Center & Lunch (Lobby) 11:45 Personal Training w/ Steve Atwater (Individual) (FC) 1:00 Seamstress (TR) 1:00 Ask Xfinity w/ Shannon (IA) 1:30 The Kindness Empire (Community Room) 4:00 Cocktails & Conversations (ILPA) 7:00 Pray the Rosary (Theater Room)	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Brain Games with Brittany (Community Room) 11:00 Tech Concierge w/ Chris (Apartments) 11:30 Bible Study (Community Room) 1:00 Cards & Games (FFGR) 2:00 Betsy Schwarm: AN American Paris - Classical Gershwin (Theater Room) 3:00 Bean Bag Baseball Practice (Community Room) 7:00 TV Series: The Crown (Theater Room)	10:00 Blanketeers: Knitting & Crocheting for Chairity (Library) 11:00 Daily Chronicles (Weekly History) (Theater Room) 12:00 Learn to Play Rummikub (FFGR) 4:00 Catholic Mass (Community Room)
10:00 Inter-Denominational Church Service (CR) 11:00 Sunday Walking Group w/ Meghan (Lobby) 1:00 Pinochle (FFGR) 1:30 Wii Bowling (AR) 4:00 Hymn Sing (Community Room) 7:00 Documentary: Victory at Sea	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Bean Bag Baseball (Community Room) 1:00 Cards & Games (FFGR) 1:30 St. Andrew's Singers (Community Room) 3:00 Active Minds Presents: UNESCO World Heritage Sites (Community Room) 7:00 Monday Movie Night (Theater Room)	9:30 Outing: Walmart (Lobby) 9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 10:30 Tattoo Tuesday! (LH) 11:00 Writing Group (Community Room) 11:00 Tech Concierge w/ Terry (Apartments) 1:00 Bingo (Community Room) 2:30 Fibromyalgia Support Group (FFGR) 6:30 Post-Dinner Piano w/ Ethan Hall (Community Room) 7:00 Evening Bible Study (AR)	9:30 Open Swim (Pool) 10:30 Resident Council (Community Room) 1:00 Outing: King Soopers (Lobby) 1:30 Parkinson's Punch Boxing Class (Retail Space) 2:30 Bean Auction (Community Room) 2:30 Parkinson's Support Group (TR) 3:00 Pups & Popsicles! (ALCY) 5:00 Family Style Pizza Night (Community Room) 7:00 Wednesday Movie Night (Theater Room)	9:00 Outing: Cheyenne Mountain Zoo (Lobby) 9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 10:45 Personal Training w/ Steve Atwater (Group) (FC) 11:45 Personal Training w/ Steve Atwater (Individual) (FC) 12:00 Colorado Traveling Market (Community Room) 2:00 Rootbeer Floats (ILPA) 3:00 Ring Toss (ILPA) 7:00 Pray the Rosary (Theater Room)	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Tech Concierge w/ Chris (Apartments) 11:30 Bible Study (Community Room) 1:00 Cards & Games (FFGR) 2:00 Book Review (Community Room) 4:00 Happy Hour w/Henry the Fiddler (Theater Room) 7:00 TV Series: The Crown (Theater Room)	10:00 Blanketeers: Knitting & Crocheting for Charity (Library) 11:00 Daily Chronicles (Weekly History) (Theater Room) 12:00 Learn to Play Rummikub (FFGR) 1:30 Armchair Travel - Sweden (Theater Room) 4:00 Catholic Mass (Community Room)
10:00 Inter-Denominational Church Service (CR) 11:00 Sunday Walking Group w/ Meghan (Lobby) 12:30 St. Stephen's Episcopal Church Worship (Theater Room) 1:00 Pinochle (FFGR) 1:30 Wii Bowling! (AR) 4:00 Hymn Sing (Community Room) 7:00 Documentary: Victory at Sea	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Bean Bag Baseball (Community Room) 1:00 Blue Zones Committee: Eat Wisely (Business Office) 1:00 Cards & Games (FFGR) 1:30 St. Andrew's Singers (Community Room) 7:00 Monday Movie Night (Theater Room)	9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 11:00 Coffee Tasting Around the World - El Salvador (Community Room) 11:00 Tech Concierge w/ Terry (Apartments) 2:30 Fibromyalgia Support Group (FFGR) 3:00 Outing: Dollar Tree (Lobby) 7:00 Evening Bible Study (AR)	9:30 Open Swim (Pool) 10:00 QiGong (Tai Chi) w/ Davida (ILPA) 11:00 Brain Games with Brittany (Community Room) 1:00 Outing: King Soopers (Lobby) 1:30 Parkinson's Punch Boxing Class (Retail Space) 2:00 Blue Zones Committee: Sense of Belonging (Business Office) 3:00 Fall Prevention Presentation w/ UC Health (Community Room) 5:00 Chef's Table (B) 7:00 Wednesday Movie Night (Theater Room)	9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 10:45 Personal Training w/ Steve Atwater (Group) (FC) 11:00 Dan Hudak Presents: Hollywood Scandals (Theater Room) 11:45 Personal Training w/ Steve Atwater (Individual) (FC) 12:00 Outing: Rockies Baseball Game - Rockies vs. Dodgers (Lobby) 12:30 Mount Olive Church Bible Study (FFGR) 1:00 Seamstress (TR) 3:30 Grief Support Group w/ Bloom (Theater Room) 4:00 Cocktails & Conversations (ILPA) 7:00 Pray the Rosary (Theater Room)	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Tech Concierge w/ Chris (Apartments) 11:30 Bible Study (Community Room) 1:00 Cards & Games (FFGR) 7:00 TV Series: The Crown (Theater Room)	10:00 Blanketeers: Knitting & Crocheting for Charity (Library) 11:00 Daily Chronicles (Weekly History) (Theater Room) 12:00 Learn to Play Rummikub (FFGR) 1:00 Bingo (Community Room) 4:00 Catholic Mass (Community Room)
10:00 Inter-Denominational Church Service (CR) 11:00 Sunday Walking Group w/ Meghan (Lobby) 1:00 Pinochle (FFGR) 1:30 Wii Bowling! (AR) 2:00 Seed & Soil w/ Meghan-Succulents (Community Room) 4:00 Hymn Sing (Community Room) 7:00 Documentary: Victory at Sea	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Bean Bag Baseball (Community Room) 1:00 Cards & Games (FFGR) 1:30 St. Andrew's Singers (Community Room) 3:00 Active Minds Presents: Egypt (Community Room) 7:00 Monday Movie Night (Theater Room)	9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 11:00 Food Committee (Community Room) 11:00 Tech Concierge w/ Terry (Apartments) 1:00 Ear Clinic - Gentle Care for Better Hearing! (TR) 1:00 Outing: DSW/Dardano's Shoe Store (Lobby) 2:00 Meet Your Neighbors - 2nd, 1st & G Floors (Community Room) 2:30 Fibromyalgia Support Group (FFGR) 7:00 Evening Bible Study (AR)	9:30 Open Swim (Pool) 10:00 Chair Yoga w/ Davida (Community Room) 11:00 Brain Games with Brittany (Community Room) 1:00 Outing: King Soopers (Lobby) 1:30 Parkinson's Punch Boxing Class (Retail Space) 2:00 Team Trivia (Community Room) 3:00 Pups & Popsicles! (ALCY) 7:00 Wednesday Movie Night (Theater Room)	9:45 Personal Training w/ Steve Atwater (Individual) (FC) 10:00 Group Exercise w/ Dewayne (Community Room) 10:45 Personal Training w/ Steve Atwater (Group) (FC) 11:30 Lunch Outing: East Cafe Chinese Restaurant (Lobby) 11:45 Personal Training w/ Steve Atwater (Individual) (FC) 2:00 Blue Zones: Right Outlook (Business Office) 3:00 Ring Toss (ILPA) 6:30 Jukebox Karaoke (Community Room) 7:00 Pray the Rosary (Theater Room)	9:30 Water Aerobics (Pool) 10:00 Group Exercise w/ Boyd (Community Room) 11:00 Tech Concierge w/ Chris (Apartments) 11:30 Bible Study (Community Room) 1:00 Watercolor Class w/ Mikael (Community Room) 1:00 Cards & Games (FFGR) 3:00 Bean Bag Baseball Practice (Community Room) 4:00 Happy Hour w/ Young Hearts Duo (Community Room) 7:00 TV Series: The Crown (Theater Room)	10:00 Blanketeers: Knitting & Crocheting for Charity (Library) 11:00 Daily Chronicles (Weekly History) (Theater Room) 12:00 Learn to Play Rummikub (FFGR) 4:00 Catholic Mass (Community Room)